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SEPTEMBER 2017

# WIRRAKA MAYA NEWS



HEALTH SERVICE  
ABORIGINAL CORPORATION

## CEO Catch Up

Greetings to you all, and welcome to the September Edition of the Wirraka Maya Newsletter.



Wirraka Maya continues to provide a high quality and culturally sensitive service to our clients and our community. The past few months has been challenging with a shortage of staff and with difficulties recruiting however, with everyone working together to keep those wheels turning, we have been able to still achieve some great outcomes.

Our Wirraka Maya staff are commended for the amazing work

they do in delivering and promoting our SEWB programs and clinical services to our communities despite these challenges and as we continue to build strong sustainable partnerships both internally and externally, we can become a stronger force.

I am very proud to announce that Wirraka Maya was a finalist in the recent 'Masked til Midnight', 2017 Business Of The

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Year Awards, being nominated in the Category of 'Fortescue Metals Group Best Aboriginal Business'.

Well Done Teams and thank you All!

## National Aboriginal and Torres Strait Islander

### Children's Day

Friday the 4th August was National Aboriginal and Torres Strait Islander Children's day. Wirraka Maya joined the community activities in the town square and it was fantastic to



see so many kids getting involved in all the fun activities! Our Child and Maternal health team put together a great information stall where the kids could come along and make a



hand print on canvases that will be hung in the clinic at Wirraka Maya. Fruit and water was also given away. A great afternoon was had by all involved and it was fantastic to celebrate the strength and culture of all children within the community.



## Indigenous HIP HOP Projects comes to South Hedland!

Our Transition to Adulthood (TTA) Program at Wirraka Maya brought Indigenous HIP HOP projects to the Hedland Community, and it was a huge success!

Dance workshops were held throughout the week. It was fantastic to see so many kids getting involved with the Indigenous HIP HOP crew, and really taking advantage of this great initiative, that looks to inspire confidence and self-efficacy among our youth!



At TTA, we strive for everyone to "Be at your Best", and this message was further emphasised through the Indigenous HIP HOP Crew, who themselves promote "Strong Mind, Strong Body, Strong Spirit, Strong Culture". Together our TTA Team and the Indigenous HIP HOP Crew have left a long lasting, empowering message for the youth of our community.



To finish the week off, a family concert was held, where the whole community came together, with over 600 people attending! All schools showcased the dance routine they had learnt, along with great performances from the Indigenous HIP HOP crew themselves, and even from Danzel "Baker Boy" Baker, where he performed his hit single, "Cloud Nine".



We would like to thank all participating schools, Baler Primary School, Cassia Primary School, Port Hedland Primary School, South Hedland Primary School and Hedland Senior High School for their enthusiasm and dedication throughout the week.



Thanks must also go to all those who made the family concert such a fantastic night, along with the parents and children of the community.





## Women's Business Lunch

The women's Business Lunch was held on Wednesday 30th August from 12pm in the Social and Emotional Wellbeing Centre at Wirraka Maya.

It was fantastic to see lots of ladies come in for a yarn while enjoying a delicious lunch.

Guest speakers from the clinic delivered the message that early screening is the best way to protect yourself against both breast and cervical cancer. It was also highlighted that as women we need to ensure that we are taking care of ourselves to allow us to take care of those around us.



The importance of early detected was further emphasized through the sharing of personal stories and experiences.



It is important that we continue to come together and discuss these important Women's Business issues, so that we can continue to improve the health outcomes associated with both breast and cervical cancer for women in our community.

Following on from the guest speakers, all the women enjoyed a yarn about what health topics

they are interesting in learning more about,.

We had a great raffle and give-away bags for all that attended.



Thank you to all who came along, it was great to get everyone together and have a yarn about Women's Health.



## Welcome to the team



**Jacob Di Trani**  
Social and Emotional Wellbeing Centre Manager

I am excited to be part of the senior management of a well-established organisation like Wirraka Maya and leading such an energetic and enthusiastic team. I hold masters in social and organisational psychology and current registration as a psychologist with the Australian Health Practitioners Regulation Agency.



**Magdalene Sng—Counsellor**

Originally from Singapore, I have been educated and lived in Australia for the last 8 years. I bring with me 12 years of counselling experience, working in multicultural settings and rural remote areas of Western Australia. It's my first time working in the Pilbara and I am very excited to support the community with my experiences and skills in mental health and social emotional wellbeing.

## What's on in September?

Mon	Tue	Wed	Thu	Fri
				1
4	5—TIS Quit Clinic	6—Personal Helpers and Mentors Sewing Group	7—TIS Quit Clinic Diabetes educator	8—International FASD Awareness Day
11	12—TIS Quit Clinic Dietitian Visit	13—Personal Helpers and Mentors Sewing Group	14—TIS Quit Clinic <b>R U OKAY DAY Movie Night</b> Diabetes Educator	15
18	19—TIS Quit Clinic	20—Personal Helpers and Mentors Sewing Group	21—TIS Quit Clinic Diabetes Educator	22
25	26—TIS Quit Clinic Dietitian Visit	27—Personal Helpers and Mentors Sewing Group	28—TIS Quit Clinic Diabetes Educator	29

### R U OKAY Day—Movie Night



We are holding an movie night to raise awareness around mental health and ask R U OKAY? We will be screening the animated family movie Inside Out from 6pm in Shay Gap Park on Thursday 14th September. Bring the family along and enjoy a movie under the stars, we even have FREE popcorn and slushies! available!



**HEALTH SERVICE**  
ABORIGINAL CORPORATION

### Opening Hours:

Monday to Thursday 8:30am to 5:00pm

Friday 8:30am to 4:00pm

Closed weekends and public holidays

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